



Association of Lactation Consultants in Ireland

Annual Conference 2013 October 4th and October 5th

Creating Realistic Breastfeeding Expectations

Green Isle Hotel, Newlands Cross, Dublin

Friday 4th October

- 8.00-8.30 Registration - Refreshments -
Networking - Stand Viewing
- 8.30-8.45 *ALCI President's Welcome*
- 8.45-9.15 *Supporting Breastfeeding in the Early
Years Strategy* Frances Fitzgerald,
Minister for Children & Youth Affairs
- 9.15-10.45 *Guilt and Infant Feeding Choices*
Barbara Wilson Clay, IBCLC
- 10.45-11.15 Refreshment Break
- 11.15-12.00 *How Language Affects Expectations*
Barbara Wilson Clay, IBCLC
- 12.00-1.00 *Breastfeeding Research in Ireland -*
Aileen Doyle, IBCLC, Mary O'Rourke
and third speaker to be confirmed
- 1.00-1.45 Lunch
- 1.45-2.00 *Research and Practice Poster Session*
- 2.00-3.00 *Community Breastfeeding Initiatives
for Change* Siobhan Hourigan,
National Breastfeeding Coordinator and
Mary O'Connor, IBCLC
- 3.00-4.30 *Assessing Lactation Acuity: is there a
big problem or little problem?*
Barbara Wilson Clay, IBCLC
- 4.30-4.45 *Closing Remarks Day One*

Saturday 5th October

- 8.30-9.00 Registration - Refreshments -
Networking - Stand Viewing
- 9.00-9.15 *Welcome*
- 9.15-10.40 *Why is the Baby Sleepy?*
Barbara Wilson Clay, IBCLC
- 10.40-11.10 Refreshment Break and
Quintessence Breastfeeding Challenge
- 11.10-1.15 *Concurrent Workshops* (attend two)
- ◇ Private IBCLC interacting with other
health services providers
Nicola O'Byrne, IBCLC
 - ◇ Choosing and using breast pumps
Ger Cahill, IBCLC
 - ◇ Assessing a feed/Taking a history
To be confirmed
 - ◇ Ending free formula in hospital
Genevieve Becker, IBCLC
- 1.15-2.00 Lunch
- 2.00-3.00 *W'shop: Achieving and Sustaining
Change in Practice.* Mary Mahon, IBCLC
- 3.00-4.15 *Why No Milk?*
Barbara Wilson Clay, IBCLC
- 4.15-4.30 *Closing Remarks of Conference*

ALCI reserves the right to change speakers or topics if necessary. Book early to ensure your choice of workshops.

*Approved for 5.5 NMBI CMUs An Bord Altranais Category 1 (Course Groupings 4 and 9)
Approved for 12.25 (L & E) IBLCE CERPs* *INDI CPD approval applied for*

Venue: Green Isle Hotel, Newlands Cross, Dublin. Overlooking the main Dublin to Cork/Limerick N7 and 0.5 km from the M50 Red Cow junction. #69 Dublin Bus from Hawkins St towards Rathcoole stops at the door of the Green Isle and the Red Luas line Red Cow stop is 5 minutes by taxi. Many N7/M7 long distance coaches and Airport Buses stop near by. The hotel will arrange a taxi on request. See hotel website for maps.

Accommodation: Visit the hotel website to see special offers on accommodation. www.greenislehotel.com
There are other hotels and guesthouses in the area also.

Registration: Please post the registration form below (and membership if applicable) with cheque to:
Eithne Foley, ALCI Administrator, Lackaneen, Lombardstown, Mallow, Co. Cork, Ireland.
Text queries: 089 441 6497 Email: info@alcireland.ie Web site: www.alcireland.ie

Cancellations: A full refund will be made if 48 hours notice is given or another person may attend in your place. Member rate can only be transfer to another member, or difference can be paid.

Membership of ALCI: Contact info@alcireland.ie or see the web site for membership info. You do not need to be an IBCLC to join ALCI.

Poster session: Submit your research or practice poster at the ALCI Conference. Inclusion in a book of abstracts and prize for the best research poster. Email info@alcireland.ie or visit the website for further details.

Friday Night Social event: Meet new colleagues, catch up with those you know, network and laugh. Families welcome. In the hotel from 8pm (after dinner). No charge.

Babies in arms are welcome at conference sessions. Please be attentive to your baby's needs and the needs of others and take your baby out of the conference room if your baby needs your attention.



I wish to register for the ALCI Conference 2013. Conference Timetable on previous page.

NAME & QUALIFICATION (as you wish it to appear on name tag):

ADDRESS: _____

EMAIL: _____

MOBILE NUMBER: _____ **I will attend the Friday Social Event** Yes No

Registration fee includes conference pack, refreshments, and lunch (except student without lunch rate)

Please <u>circle</u> which ever applies	Member*	Member*	Non-Member	Non-Member
	Before Sept 13th	After Sept 13th	Before Sept 13th	After Sept 13th
I will attend BOTH days Oct 4th & 5th	€100 (£86)	€120 (£103)	€140 (£120)	€160 (£138)
I will attend ONLY Friday Oct 4th	€60 (£52)	€80 (£69)	€100 (£86)	€120 (£103)
I will attend ONLY Saturday Oct 5th	€60 (£52)	€80 (£69)	€100 (£86)	€120 (£103)
Fulltime student rate (please enclose proof of student status)	without lunch € 25 Oct 4th without lunch € 25 Oct 5th		with lunch € 40 Oct 4th with lunch € 40 Oct 5th	

CONFERENCE REGISTRATION FEE ENCLOSED: _____ **Membership Fee enclosed** _____

Cheques payable to ALCI must accompany your registration. Receipts will be given out at the Conference.

* Membership must be paid up to qualify for discount, but you may join ALCI and register for the conference simultaneously to qualify for discount.

Saturday Workshops. You will attend two workshops. Please mark your choices 1 - 4.

- Private IBCLCs interacting with other health services providers
 Choosing and using Breast Pumps
 Assessing a feed/Taking a history
 Ending free formula in hospital

Do not mark workshops if you are only attending on Friday.

Dietary or other individual needs: _____